

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE


COURSE TITLE: PROFESSIONAL HUMAN RELATIONS I

CODE NO.: MSTIOO SEMESTER: 1

PROGRAM: MASSAGETHERAPYPROGRAM

AUTHOR: RUTH WILSON, BRENDA WARNOCK

DATE: SEPTEMBER, 1997 PREVIOUS OUTLINE DATED: 09/96

APPROVED; 
DEAN

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TOTAL CREDITS:

PREREQUISITE(S): NONE
SUBSTITUTE: NUR111

LENGTH OF COURSE: 16 WEEK TOTAL CREDIT HOURS: 48

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L PHILOSOPHY/GOALS:

As a health care professional, it is essential that one is able to relate to and communicate with others in a caring manner. This course will provide students with insight into their personal interactive style through journal writing and reflection. Interpersonal skills will be developed and practiced in the classroom and during a volunteer experience as they relate to the helping relationship. Group dynamics and conflict resolution will be examined and practiced at an introductory level.

IL LEARNING OUTCOMES:

Upon successful completion of this course, the student will be able to:

- a. developed an awareness of personal interaction style.
- b. adapt caring behaviours when interacting with others.
- c. demonstrate effective interpersonal skills with people from diverse backgrounds.
- d. explain the characteristics and development of a helping relationship.
- e. apply group process and conflict resolution theory to own and other's interactions at a beginning level.

nL TOPICS:

1. Principles of Caring
2. Self Awareness of Interaction Style
3. Journal Writing
4. The Helping Relationship
5. Interpersonal Skills: assertiveness, warmth, empathy, listening, genuineness, self-disclosure, specificity, asking questions, expressing opinions
6. Group Process
7. Conflict Resolution

TV. LEARNING ACTIVITIES:

Refer to the teacher/student resource and learning packages for learning activities/resources.

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V, REQUIRED RESOURCES/TEXTS/MATERIALS:

Balzer-Riley, Julia, Communications in Nursing, 3rd ed., Mosby Year Book, Inc., Toronto, 1996

Professional Human Relations I Student Resource Package for Health Sciences Programs, 1997

VI. EVALUATION PROCESS/GRADING SYSTEM:

1. The pass mark for the course is 60%. The letter grades for this course will be assigned in accordance with those established by Sauh College.

2. There are no rewrites in this course.

3. *Evaluation Methods:*

- Paper on Caring	15%
- Volunteer Report	25%
- Journal	25%
-Final Exam	30%
- Class Participation	<u>5%</u>

Total 100%

Vn. SPECIAL NOTES:

Special Needs

If you are a student with special needs (eg. physical limitations, visual unpairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations whh the instructor and/or contact the Special Needs Ofi&ce, Room E1204, Ext. 493, 717, 491 so that support services can be arranged for you.

Retention of Course Outlines

It is the responsibihty of the student to retain all course outlines for possible fliture use in acquiring advanced standing at other post-secondary institutions.

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Course Modification

The instructor reserves the right to modify the course as deemed necessary to meet the needs of students.

VIL PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.